

Richard M Fleming, PhD, MD, JD (FHHI-OI-Camelot); Matthew R Fleming, BS, NRP (FHHI-OI-Camelot); William C Dooley, MD (Oklahoma University Health Science Center); Tapan K Chaudhuri, MD (Eastern Virginia Medical School)

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Fools Rush to Judgment – Where Scientists Belong!

With the introduction of CoVid-19 pneumonia (CVP) and a flurry of potential medical treatments, FEAR of dying has lead many people to support unproven treatment regimens.

Among these is the use of medications, chiropractic manipulations, and the ever-present diet pundits telling you to follow low carbohydrate ketogenic diets – blaming the high death rate on obesity and diabetes, when the associated mortality is due to the inflammatory process enhanced by the viral infection [1,2].

This fear need not focus on such issues as QTc prolongation from drugs like chloroquine or macrolide antibiotics like azithromycin, as we have known about the potential for QTc prolongation for decades and the monitoring and treatment of low potassium and magnesium levels addresses many of these problems - noting that we continue to use these antibiotics and antimalarials for applicable infections. The fear also need not focus on what type of diet you are on – something being used by multiple fad diets to promote their diets at a time when people will buy snake oil if they believe it will protect them.

Our focus should be on how we are investigating these drugs being used to treat CVP. As long as we use the approach of watchful waiting to see whether the patient survives – survival, which could be due to the treatment, some unknown variable, or merely chance – we will merely be guessing in the dark. Close may be good in a game of horseshoes, but not when people’s lives are on the line [3,4].

References:

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